

# From the Nest



Updates, Highlights, and Information  
from your School Counselors

510 WEST AVON ROAD  
AVON, CT 06001  
(860) 404-4740

January 23, 2024

Hello Students & Families:

"From the Nest" is the School Counseling newsletter. We will be sharing timely and relevant information with you on a bi-weekly basis. As school counselors we support, nurture, and guide our students. *From the Nest* represents many of our core values and honors the Falcon tradition here at Avon High School. These updates can be found on our website or [AHS School Counseling News](#)



**School Counselor Meetings:** Your school counselor is always happy to meet with you. Reach out to us if there is anything we can assist you with. We are available via email, Google meets, in-person meetings, and phone calls. Students may set up an appointment using each counselor's individual calendar link.

**Appointment Booking** Students: access the link on your counselor's name to book directly. Parents: schedule an appointment by calling or emailing Karien Green, School Counseling Assistant.

**School Counseling Department** - 860-404-4740 x1180  
[Todd Dyer](#), Director School Counseling - [tdyer@avon.k12.ct.us](mailto:tdyer@avon.k12.ct.us)  
[Cara Boland](#), School Counselor - [cboland@avon.k12.ct.us](mailto:cboland@avon.k12.ct.us)  
[Andrew Ellrod](#), School Counselor - [aellrod@avon.k12.ct.us](mailto:aellrod@avon.k12.ct.us)  
[Lissa Irvine](#), School Counselor - [irvine@avon.k12.ct.us](mailto:irvine@avon.k12.ct.us)  
[Laura Sullivan](#), School Counselor - [lsullivan@avon.k12.ct.us](mailto:lsullivan@avon.k12.ct.us)  
[Heather Toyen](#), School Counselor - [htoyen@avon.k12.ct.us](mailto:htoyen@avon.k12.ct.us)  
[Karien Green](#), Admin Assistant - [kgreen@avon.k12.ct.us](mailto:kgreen@avon.k12.ct.us)

## Announcements:

**College Experience Night** - Learn about the various college courses and programs offered at AHS. Hear from representatives from CollegeBoard's AP, CT State Community College Partnership, and UConn's ECE. January 25 @ 5:00PM in the AHS Auditorium.

## Important Dates:

Last day to add a course: Feb 1, 2024  
Last day to drop a course without penalty: March 1, 2024  
Course Requests for 2024 - 2025: Feb 9, 2024  
Override Request Deadline: March 1, 2024

## Opportunities & Enrichment:

**Hartford Hospital Summer Volunteer Program** - Are you interested in a career in health care? [More info here](#)  
Registration opens 1/3/24

## AHS Achieve Internship & Career Information:

**JA and The Hartford Opportunities** - [click here](#) for lots of information

**Part Time Job Information** - Check our online [Job Board](#) for available positions.

## Grade Level News

### Grade 12:

**FAFSA:** The 24-25 FAFSA is now live. Complete your FAFSA soon so that you don't miss out on financial aid for college!! Many schools have a February 15 financial aid deadline.

**College Decisions** - Some colleges have already released application decisions. Be sure to update your school counselor with details. In addition, update your Naviance account with your college information. [This video](#) shows you how.

### Grade 11:

**Course Scheduling 24-25:** Course scheduling for next year is upon us. Teacher course recommendations and conversations are in process and will be completed by January 31. School Counselors will be working with students in their social studies classes on February 1 & 2. All course requests are due by February 9th. Students and families are encouraged to review the [2024-2025 Course of Studies](#) online to plan out their senior year.

**College Knowledge Night** - January 30, Tuesday. Join us for insights and information regarding the college planning process.

**Junior Post Secondary Meetings:** Counselors will be meeting with all grade 11 students to discuss post secondary plans. Meetings will begin in early February and run throughout March.

**Testing - SAT Dates:** Be sure to register for SAT dates. **ACT** - Register and [prepare](#) for free using the ACT resources.

### Grade 10:

**Course Scheduling 24-25:** Course scheduling for next year is upon us. Teacher course recommendations and conversations are in process and will be completed by January 31. School Counselors will be working with students in their social studies classes on February 1 & 2. All course requests are due by February 9th. Students and families are encouraged to review the [2024-2025 Course of Studies](#) online to plan out their junior year.

### Grade 9:

**Course Scheduling 24-25:** Course scheduling for next year is upon us. Teacher course recommendations and conversations are in process and will be completed by January 31. School Counselors will be working with students in their social studies classes on February 1 & 2. All course requests are due by February 9th. Students and families are encouraged to review the [2024-2025 Course of Studies](#) online to plan out their sophomore year.

### Financial Aid & Scholarship Information:

\*\*\* Many colleges have a FAFSA deadline of \*\*\*  
\*\*\* February 15. Don't miss out. \*\*\*

**Hartford Foundation for Public Giving** - view the [website](#) for many scholarship applications. Deadline - March 14, 2024

**Scholarships in Naviance:** Access your Naviance account to search for scholarships. There are hundreds of scholarships listed in Naviance and more coming in each week. Students are encouraged to utilize the searchable database to identify scholarships they qualify for.

**CSCA Scholarship Application** - Review the details and requirements for the CT School Counseling Association [scholarship application](#). Deadline is 2/15/24.

**Avon Dollars for Scholars** - ADFS has awarded about \$80,000 annually to Avon students. Create an account and apply for local scholarships. Create an account and apply for local scholarships. Instructions are posted [here](#).

**CT Society of Civil Engineers** - The Connecticut Society of Civil Engineers (CSCE) is now accepting nominations for its college scholarship awards. If you are interested in being nominated, please speak to your School Counselor. Scholarship available. Deadline 3/15/24

**FAFSA 2024/25** opened recently: [Start or Edit your FAFSA Form](#) and check out the [Hints to potentially reduce your student aid index](#).

**Financial Aid Simplified**- Lots of [helpful information](#) provided by Southern CT State University.

**CSS Profile**: Many colleges require the profile as part of their financial aid process. Be sure to review your school's requirements.